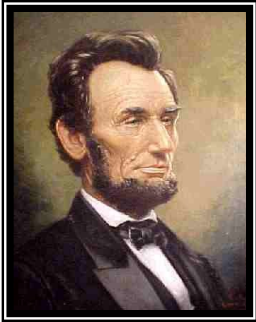


















# February 2012



Sun	Mon	Tue	Wed	Thur	Fri	Sat
			<b>1</b> Wegmans Trip 1.....10am Wegmans Trip 2.....11am Chair Exercise.....11:30am Computer/ Email Help.....1pm Local Shopping.....1:30pm Euchre.....2pm	<b>2 Groundhog Day</b>  ACM Lab (apt #105).....9am Ladder Ball.....11:00am Fitness for Everyone (LH) 11:30am Crazy for Cupcakes (AS) 1:30pm Movie Night (BR).....6:30pm Club Room Games.....6:30pm	<b>3</b> Chair Exercise (LH).....11:30am Wii Games.....12:30pm Painting w/Diana (AS)....1:30pm Happy Hour.....4pm Bob Ames  	<b>4</b> Open Art Studio.....10am Bridge Club.....11am Classic movie.....6:30pm Eastview Mall.....12pm
<b>5</b> <b>Church Runs:</b> Lutheran Incarnate....8:30am Good Shepherd (catholic) 10:30-12:15pm Book Club in library.....2pm Super Bowl Party 6:30pm \$5 per person 	<b>6</b> Sign Language (AS).....9:30a Chair Exercise (LH) ...11:30a Rummykub (CR).....1:30pm Chorus Meeting (CR).....2pm Euchre (CR).....3pm Wii Night (BR).....6:30pm	<b>7</b> Games-(CR) Quirkle.....11am Fitness for Everyone.....11:30am Parkview Health (CR).....12:30pm Left-Center-Right (DR)\$.....1pm Bingo (DR)\$.....3:30pm	<b>8</b> Wegmans Trip 1.....10am Wegmans Trip 2.....11am Chair Exercise.....11:30am Computer/ Email Help.....1pm Local Shopping.....1:30pm Euchre.....2pm	<b>9</b> Ladder Ball.....11:00am Fitness for Everyone (LH) 11:30am Crafts w/ Kelly (AS).....1:30pm Expressions of Kings Legacy Cornel West (LH).....3pm Movie Night (BR).....6:30pm Club Room Games.....6:30pm RPO Trip.....6:30pm	<b>10</b> New Member Talk.....11:00am Chair Exercise (LH)....11:30am Wii Games.....12:30pm Painting w/Diana (AS).....1:30p Happy Hour.....4pm Dick Leschhorn  	<b>11</b> Open Art Studio.....10am Bridge Club.....11am Classic movie.....6:30pm Susan B. Anthony House Tour (\$8).....1:30pm
<b>12 Lincoln's Birthday</b> <b>Church Runs:</b> Lutheran Incarnate....8:30am Good Shepherd (catholic) 10:30-12:15pm Henrietta Historical Society Black History	<b>13</b> Sign Language (AS).....9:30a Parkinsons Café.....10-2pm Chair Exercise (LH) ....11:30a Rummykub (CR).....1:30pm Chorus Meeting (CR).....2pm Euchre (CR).....3pm	<b>14</b>  Quirkle (CR)..11am Fitness for Everyone.....11:30am Parkview Health (CR).....12:30pm Left-Center-Right (DR)\$.....1pm Community Council.....2:30pm Bingo (DR)\$.....3:30pm Valentines Dinner.....4:30pm	<b>15</b> Wegmans Trip 1.....10am Wegmans Trip 2.....11am Chair Exercise (LH).....11:30am Indoor Picnic Prep (AS).....1pm Local Shopping.....1:30pm Euchre (CR).....2pm	<b>16</b> ACM Lab (apt #105).....9am Ladder Ball.....11:00am Fitness for Everyone (LH) 11:30am Indoor Picnic (AS).....1pm Crafts w/ Kelly (AS).....2:30pm Movie Night (BR).....6:30pm	<b>17 BP Checks (CR).....9am</b> Chair Exercise (LH).....11:30am Painting w/Diana (AS)....1:30pm Genesee Country Museum History Of The Kitchen..3pm Happy Hour(John Culligan) 4pm RPO Trip.....7pm  	<b>18</b> Open Art Studio.....10am Bridge Club.....11am Classic movie.....6:30pm FingerLakes Casino Trip.....12pm
<b>19</b> <b>Church Runs:</b> Lutheran Incarnate.....8:30am Good Shepherd (catholic) 10:30-12:15pm Rivers Run Brunch Main Dining Room..11-2pm	<b>20</b> Sign Language (AS) 9:30 Chair Exercise (LH)....11:30a Rummykub.....1:30pm Chorus Meeting (CR).....2pm Euchre (CR).....3pm Wii Night (BR).....6:30pm Club Room Games.....6:30pm	<b>21</b> Games- (CR )Quirkle.....11am Fitness for Everyone.....11:30am Parkview Health (CR).....12:30pm Left-Center-Right (DR)\$.....1pm Bingo (DR)\$.....3:00pm Out to dinner "O".....5:30pm	<b>22 Washington's Birthday</b> Wegmans Trip 1.....10am Wegmans Trip 2.....11am Chair Exercise (LH).....11:30am Computer / Email Help.....1pm Local Shopping.....1:30pm Euchre (CR).....2pm	<b>23</b> Ladder Ball.....11:00am Fitness for Everyone (LH) 11:30am Birthday Cake Bake (AS) 1:30pm Crafts w/ Kelly .....2:30pm Movie Night (BR).....6:30pm Club Room Games.....6:30pm	<b>24</b> Chair Exercise (LH).....11:30am Casino Day & Open House 2-4 Happy Hour.....4pm Len Hawley Birthday celebrations    	<b>25</b> Open Art Studio.....10am Bridge Club.....11am Classic movie.....6:30pm Park Point Trip.....12pm
<b>26</b> <b>Church Runs:</b> Lutheran Incarnate.....8:30am Good Shepherd (catholic) 10:30-12:15pm Marketplace Mall.....1pm	<b>27</b> Sign Language (AS)....9:30am Chair Exercise (LH) ....11:30a Rummykub (CR).....1:30pm Euchre (CR).....3pm Wii Night (BR).....6:30pm Club Room Games.....6:30pm	<b>28</b> Games-(CR) Quirkle.....11am Fitness for Everyone.....11:30am Parkview Health (CR).....12:30pm Left-Center-Right (DR).....1pm Bingo (DR)\$.....3:00pm	<b>29</b> Wegmans Trip 1.....10am Wegmans Trip 2.....11am Chair Exercise (LH).....11:30am Computer / Email Help.....1pm Local Shopping.....1:30pm Euchre (CR).....2pm	 Blue-bus trips Green- special events Red- exercise	<b>Osher Classes Available!</b> Life long Learning and Continued education is offered Monday-Friday from approx. 8:00am-3:00pm with a wide variety of subjects. Classes are audited through RIT. Membership required ! See Chad for info!	<b>R.I.T. Classes for community members!</b> Sit in and take a class at RIT ! Registration is required and forms are available at the front desk !



**Mondays**

**Sing Language**-Learn from cottage member John Ratcliffe  
**Parkinsons Café**- A support group starting in January. See Ronnie for details.  
**Chair Exercise** - Low impact video done while seated. Great workout!  
**Rummykub**- Similar to the card game, its sure to will keep you on your toes  
**Rivers Run Chorus**-Join in the Club Room with Director Rhonda Wright  
**Euchre**- Meet in the Club Room with your fellow community members  
**Wii Night**-Choose from 4 interactive games in the billiard room

**Tuesdays**

**Qwirkle**- Tactical maneuvers and strategy while matching shapes.  
**Fitness for Everyone**- Personal trainers (Joe & Jacques) will provide a great work out  
**Parkview Health**- Meet in the Club Room with a registered nurse for questions.  
**Out to Dinner "O"**- The choices are Otto Tomato, Olive Garden & Outback  
**Left Center Right**-(dice game) Bring your change and win big in the club room.  
**Bingo**- join us in the dining room for several games. \$1.00 per person  
**Home Owners Association Meeting**- Typically the 2nd Tuesday of the month. (LH)

**Wednesdays**

**Wegmans trip 1**- Shopping trip at Caulkins Rd. (10am)  
**Wegmans trip 2**-Shopping trip at Caulkins Rd. (11am)  
**Chair Exercise**- (free) Join Kelly for a low impact video workout.  
**Computer/Email Help**- Join Kelly in the library  
**Indoor Picnic Prep**- Help prepare salads and desserts for our first indoor picnic.  
**Local Shopping** (Henrietta ) 1:30pm  
**Euchre**- Meet in the Club Room at 2pm  
**Interim Health Cold & Flu** discussion with Alyssa Ferigno (club room)

**Thursdays**

**ACM Lab**-Meet in Apt #105 at 8:45am(Feb 2nd &16th)  
**Ladder Ball**—Come and play this addicting game indoors  
**Dr. Reidy**—Our first visiting doctor who comes the 2nd Thursday of the month (appt only)  
**Fitness For Everyone**-Personal trainers (Joe & Jacques) will provide a great work out  
**Crazy for Cupcakes**- Bake in the art studio (recipes accepted) 1:30pm  
**Crafts w/ Kelly**- Please let us know if you are going to participate so we can plan.  
**Indoor Picnic**- Please let us know if you are going to participate so we can plan.  
**Movie Night**- A recently released movie shown in the billiard room. Suggestions welcome  
**Expressions of King's Legacy**- We will be showing the DVD on Feb 9th in the lecture hall  
**Birthday Cake Bake**- Join Kelly in the Art Studio and Bake the cake for Happy Hour

**Fridays**

**New Member Talk**- Meet Chad in the club room for handbook Q & A  
**Chair Exercise**- (free) Join in the lecture hall for a low impact video workout.  
**Wii Games**- Experience an interactive sporting event in the billiards room.  
**Painting w/Diana**- Join us in the Art Studio & create your masterpiece!  
**Happy Hour**- Meet up with your community and have a great time in the club room.  
This month: Bob Ames, Dick Leschhorn, John Culligan & Len Hawley  
**Genesee Country Museum**- The history of the kitchen presentation (LH)  
**Casino Day & Open House**-Come down and gamble & win prizes. 2:00-4:00pm

**Saturdays**

**Open Art Studio**- Feel free to work on old or new projects in the art studio.  
**Bridge Club**- an ongoing club room meeting for all to enjoy.  
**Classic Movie**- A gathering in the billiard room with movies typically 1990 and earlier  
**Finger Lakes Casino**- Take a trip and try your luck (sign up today)  
**Eastview Mall**- Shop till you drop in Victor NY  
**Susan B. Anthony Trip (\$8)**- Tour the house of the legendary civil rights leader  
**Park Point Trip (RIT)**-Go to lunch and check out some of the shops!

**Sundays**

**Church Runs**- See front of calendar for scheduled trips  
**Book Club**- Come and discuss different book titles in the library (2pm)  
**Super Bowl Party (\$5)**- Our annual party will be catered by Chef Matt  
Pizza, Wings & soda with a \$5 ticket purchase  
**Henrietta Historical Society- (LH)** Usually every 3rd Sunday of the month  
\*\*\*This months topic is Black History  
**Rivers Run Brunch**-A monthly tradition in the restaurant  
**Marketplace Mall**- Ride to the mall just 4 miles away

**For more information or to sign up please call the front desk !**



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**February 2012**

