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February 2009

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February Highlights



Wednesday, February 4th, 11th, 18th 25th

Field Trip from 1-3pm

Field Trips - Matinee Movies at Henrietta Regal Rivers Run Community Members can enjoy door to door service to newly released movies at the theaters. Fee for movies is not included. Fees \$7.25(60+)

Friday, February 6th

Lecture Hall from 4-5:30pm

Wine and Cheese Social - Come join us the first Friday of each month for an afternoon delight. Music performed by Maria Kanakis, violinist. Please feel free to bring a dish to pass or a bottle to share to keep the good times rollin'.

Wednesday, February 11th

Lecture Hall from 7pm

Texas Hold-em Tournament - Rivers Run first poker tournament, prepare to have fun. Doesn't matter if your beginner or pro meet in the billiards room for a friendly tournament. Please contact Howard Maslich via email:

howard@wnysalestraining.com. Do not hesitate to RSVP, we need at least six participants for tournament to run.

Monday, February 16th

RIT - Carlson Auditorium from 6:30 - 8:30pm

Charles Arnold Lecture Series-Ernesto Bazan - RIT Event - International Photographer Ernesto Bazan Presents Documentary Work of Cuban History. Bazan will hold a book signing immediately following the lecture. Bazan has released a new book, *Bazan Cuba*, chronicling 14 years of life on the island of Cuba. Bazan documents the time in Cuban history called *The Special Period*. **Bus will leave from The Riparian at 6pm. Space is limited so please sign-up today. FREE EVENT**

Thursday, February 19th

Lecture Hall from 6:30 - 8pm

Lifespan-Long-term Health Insurance Workshop - Lots of people are talking about long-term care insurance. You may be wondering...do I need it? What are my options for paying for long-term care? Long term care insurance can help protect older adults and their families from the financial hardship of nursing home care or a long illness - but it's not the right decision for everyone. Not sure what you should do? Lifespan is part of New York State's Long Term Care Insurance Education and Outreach program. We have nothing to sell. Our only goal is to help you become a smart consumer.

Thursday, February 26th

Auditorium Theater @ 1pm

Jersey Boys - "THE MOST EXCITING MUSICAL PACKAGE BROADWAY HAS SEEN IN YEARS" - *The Chicago Tribune*. "THE CROWD GOES WILD" - *The New York Times*. "TOO GOOD TO BE TRUE" - raves the *New York Post* for JERSEY BOYS, the 2006 Tony Award®-winning Best Musical about Rock and Roll Hall of Famers The Four Seasons: Frankie Valli, Bob Gaudio, Tommy DeVito and Nick Massi. This is the story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sounds and sold 175 million records worldwide - all before they were 30! **We need twenty participants to receive group ticket rate. Please see Kelly for details.**


Tuesday, February 3rd, 10th, 17th & 24th

Library/Computer Room @ 2pm

Computer Help - If you want to learn the basics this may be the class for you. Learn how to use the keyboard and mouse to "talk to your computer." Get experience using Click, double-click, Click-Hold-Drag, Right-Click mouse techniques. Learn about Icons, Windows, Menus, Toolbars, Drop-Down Lists, Scrollbars and how to use them. Learn how to start and exit programs. Create, save, open, close, and print files in Windows-based programs.

Update: 2/1/09

In order for us to properly plan our events, PLEASE RSVP by contacting RR Front Desk at 292-5440, 48 hours in advance to let us know you are coming. Otherwise programming may be cancelled. Thank You!

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|---|---|--|---|--|
| 1 Church Runs (Call to set up appt.).....9:30am Super Bowl Party....6pm | 2 NY Times Cross-word.....9:30am Wellness center orientation.....1-2pm Intro to Wii Bowling2-4pm | 3 Stretch Video/Lecture Hall.....10am Open Billiards.....1pm Computer Help.....2pm Open Art Studio.....3pm Wheel/Jeopardy.....7pm | 4 New Community Member Orientation.....10am Wegmans.....11am Field Trip.....1pm High Tea.....4pm | 5 Meet the Press.....9am Yoga Video/Lecture Hall 10am Fire Safety.....12pm Be the Critic (Fargo).....6:30-9pm | 6 Yahtzee(CR).....11am Crafts.....2pm Wine and Cheese Social.....4pm | 7 Bible Study.....10am Barnes and Noble....1pm (Pittsford Plaza) Upwords(CR).....4pm |
| 8 Church Runs (Call to set up appt.).....9:30am Spa Day.....11-4pm | 9 NY Times Cross-word.....9:30am Wellness center orientation.....1-2pm Intro to Wii Bowling2-4pm | 10 Stretch Video/Lecture Hall.....10am Open Billiards.....1pm Computer Help.....2pm Open Art Studio.....3pm Wheel/Jeopardy.....7pm | 11 New Comm. Member Orientation....10am Wegmans.....11am Field Trip.....1pm High Tea.....4pm Texas Hold-em Tournament.....7pm | 12 Meet the Press.....9am Yoga Video/Lecture Hall 10am Be the Critic6:30-9pm | 13 Scrabble(CR)..... 11am Happy Hour (BYO)....4pm Buttons and More w/Mary.....7pm | 14  Trip to Henrietta Public Library.....11pm-1pm Happy Valentine Day |
| 15 Church Runs (Call to set up appt.).....9:30am Dutch Connection...1pm <i>Field trip to George Eastman's Conservatory</i> | 16 NY Times Cross-word.....9:30am Wellness center orientation.....1-2pm Intro to Wii Bowling ..2pm Charles Arnold Lecture.....6:30pm | 17 Stretch Video/Lecture Hall.....10am Open Billiards.....1pm Computer Help.....2pm Open Art Studio.....3pm Wheel/Jeopardy.....7pm | 18 New Community Member Orientation.....10am Wegmans.....11am Field Trip.....1pm High Tea.....4pm | 19 Meet the Press.....9am Yoga Video/Lecture Hall 10am Long-term Care Insurance.....6:30pm | 20 Categories(CR).....11am Crafts.....2pm Happy Hour (BYO)....4pm | 21 Classic Movie Matinee(LH).....2pm |
| 22 Church Runs (Call to set up appt.).....9:30am | 23 NY Times Cross-word.....9:30am Wellness center orientation.....1-2pm Intro to Wii Bowling2-4pm | 24 Stretch Video/Lecture Hall.....10am Open Billiards.....1pm Computer Help.....2pm Open Art Studio.....3pm Open Mic Nite.....6pm | 25 New Community Member Orientation.....10am Wegmans.....11am Field Trip.....1pm High Tea.....4pm | 26 Meet the Press9am Yoga Video/Lecture Hall 10am Jersey Boys.....1pm Be the Critic.....6:30-9pm | 27 Dominoes(CR)..... 11am Tinker Nature Park.....1pm Happy Hour (BYO)....4pm | 28 Marketplace Mall.....2-4pm |

DRIVER SCHEDULE

MONDAY: Appointments, 10-4pm*
TUESDAY: Shuttle to RIT am and pm - 9-3pm (leaves every hour from Riparian)
WEDNESDAY: Field Trips/Grocery /Mall (check calendar)
THURSDAY: Shuttle to RIT am and pm - 9-3pm (leaves every hour from Riparian)
FRIDAY: Appointments, 10-4pm*
SATURDAY: Field Trips/Grocery /Mall (check calendar)
SUNDAY: Field Trips/Grocery /Mall (check calendar)
*Free Service to Riparian Community Members

Please note: This schedule is subject to change. Descriptions of programs are located inside. If you have any questions please feel free to call the front desk at The Riparian at Rivers Run. Sign-up sheets for events are located at the front desk. Thank you for your cooperation.

Thursday, February 5th, 12th & 26th
Lecture Hall @ 6:30pm

“Be the Critic” - This is your chance to discuss recent and classic movies. Community members will gather at 6:30 for a viewing of a film in the Lecture Hall. Popcorn and refreshments will be served. Movie are chosen by Community Members.

Monday, February 2nd, 9th ,16th & 23rd
Wellness Center, 1-2pm

Wellness Orientation - Please call front desk to schedule an appointment with Kelly for equipment orientation. Appointments will be held between 1 -3pm . This orientation is necessary for members to attend before using equipment in Wellness Center.

Wednesday, February 4th, 11th, 18th & 25th
Club Room @ 10am

New Community Member Orientation - Please call front desk to schedule an appointment with Kelly for new community member orientation. Appointments will be held in small groups every Wednesday at 10am . This orientation will help you through your transition with moving into The Riparian at Rivers Run.

Monday, February 2nd, 9th ,16th & 23rd
Club Room @ 9:30am

N.Y Times - Crossword Puzzle - Join us Monday morning and together we can solve the Sunday crossword puzzle over a cup of Joe. Copies of puzzle available.

Tuesday, February 3rd, 10th, 17th, & 24th
Art Studio @ 3pm

Open Art Studio - The art studio is open for all community members to come work on whatever their heart desires. Limited supplies will be available. Please feel free to bring your own projects to work on, in this inspiring studio.

Friday, February 6th & 20th
Art Studio @ 2pm

Crafts - Come join Kelly in the art studio to create crafts. Each session will be unique, one will be able to create a gift for a loved one, or a beautiful decoration for their home .

Saturday, February 7th
Captain’s Room @ 10am

Bible Study – Come join us for bible study. This is just the beginning...stay tuned for more religious programming. Bible study is the first Saturday of each month. Brought to by Lighthouse Church.

Friday, February 6, 13, 16, 20, & 27
Club Room @ 4pm

Happy Hour - The good times are aplenty here at Rivers Run. Join us Fridays at 4pm for an evening delight. Music, friends and fun - what more could you ask for. Hope to see you there! This is a B.Y.O.B. event.

Thursday, February 5th, 12th, 19th & 26th
Club Room @ 9am

“Meet the Press” - Join us as we discuss current events over coffee and a good chance to meet your neighbors and the Rivers Run staff.

Tuesdays & Thursdays in February
Lecture Hall @ 10am

Exercise Videos - Tuesday - stretch and strength video and Thursday - a great way to ease into an exercise program. Come join your friends and we try something new together.

Friday, February 13th
Club Room @ 7pm

Buttons and More with Mary - Has anyone lost their marbles? Or buttons? Come join Mary who will be sharing her collection of buttons and buttons from the past. Please share with us your unique collections for a fun and interesting afternoon.

Saturday, February 21st
Lecture Hall @ 2pm

Classic Movie Matinees - The third Saturday of every month join us in the Lecture Hall for classic films. Please contact Kelly for suggestions. Popcorn and refreshments will be served.

Tuesday, February 3rd, 10th, 17th, & 24th
Billiard Room @ 1pm

Open Billiards - Another great way to have fun and relax with your neighbors. Join us for an afternoon of pool. Great chance for beginners to learn or experts to share their knowledge and skill. You won't want to miss out on the fun. Hope to see you there!

Wednesday, February 4th, 11th, 18th & 25th
Club Room @ 4pm

High Tea - Calling all Rivers Run Ladies to gather in the club room for tea time. Bring yourself, needle point, knitting and/or a dish to pass. This tea time will offer community members a time to share stories, secret recipes, and have some fun.

Friday, February 27th
Tinker Nature Center @ 1pm

Snow Shoeing and Cross Country Skiing - If you enjoy getting out in nature come join your neighbors for an afternoon of outdoor fun. Depending on weather one can cross country ski, snow shoe, or hike through this beautiful nature center just minutes away from Rivers Run. **Please dress properly. Fee for rentals \$2**

Thursday, February 5th
Captain’s Room @ 12pm

Fire Safety - This meeting will provide community members with a working knowledge of the fire procedures and fire safety awareness. Following the session will be a practical evacuation drill of the community.



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THE
RIPARIAN
AT RIVERS RUN

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50 Fairwood Drive
Rochester, NY 14623

“The natural place to live for people who never stop growing.”

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